

# SWAHID PEOLI PHUKAN COLLEGE, NAMTI

SAFETY AND HEALTH CARE POLICY



#### **Policy Statement**

The purpose of this policy is to outline the first aid needs assessment procedure for the College and the arrangements in place to provide adequate and appropriate first aid to all employees, students and other stakeholders of the college. There are a number of probable safety issues that may have a far-reaching impact upon academic and support activities of the college throughout the campus.

### Clause I(A): Formulation & Flexibility

In compliance with the aforesaid necessity, SPP College has formulated a Safety and Health Care Policy on 27<sup>th</sup> October 2019 to promote and strengthen all aspects of safety and health in the college campus. As per the changing need of time and space, the policy was decided to be revised and amended every two year. Accordingly, the last revision was taken place on 10th November 2021.

### Clause: I(B): Scope of the Policy

This policy applies to all employees, students and other stakeholders in the college campus

# Three Foundation of the Policy: PPP

- Firs Aid & Health Care Policy has been formulated on three basic principles
- > Priorities
- > Preserve Life
- > Prevent further injury

#### Clause: 2: Mission & Vision

- To ensure the aid provisions are available and present at all times for teaching, non-teaching staff, students and other stakeholders of the college
- To organize Seminars and Workshops concerning health, hygiene and sanitation
- To conduct Free Health check-up and Blood Donation Camps at college campus as well as nurtured villages of the college.
- To promote hygienic lifestyles amongst the students and other stakeholders of the college

- To ensure a safe and healthy work environment in the college campus
- To engage employees in efforts to reduce illnesses, injuries, accidents or any hazardous incidents in the college campus
- To support and suggest safety programs that will help faculty, staff and students in accomplishing teaching and learning process in the college
- To advance the proactive inclusion of faculty staff, students and non teaching staff in safety matters through correspondence and shared decision making

### Clause: III: Legislation & Guidelines

Indian First Aid Manual 2016 & National Health Care Policy 1979

# Clause: IV (A): Role & Responsibility of the First Aider

The First Aider will have to

- Assess the situation quickly and calmly
- Safety check whether you or the casualty are in danger
- Protect himself/herself and others from any danger
- stay calm and take change of the situation
- Assess the casualty given first aid treatment

### Clause IV(B): Monitor & Review

• This policy will be reviewed annually and at other times in the intervening period as necessary

# (Clause IV(C): Safety & Health Care Committee

Name	Designation
Dr.Dhrubajyoti Nath, Principal	Chairman
Dr. Mukul Borah	Convener, Safety Committee
Dr. Rituparna Baruah, Physician	Invitee Member
Dr.Bejeta Das, Convener, Disaster	Member
Cell	
Dr. Papu Kumar Ngtey, Program	Member
Officer, NSS Unit	
Sofiul Ali, Grade IV Employee	Member
Volunteers, NSS Unit	Members

### Clause: IV(D): Roles and Responsibility of Safety & Health Care Committee

Safety & Health Care Committee is a voluntary in house body of the college. It plays a
proactive role in the issues of health, sanitation and wellbeing of all stakeholders of the
college

### Clause: V: Policy Focus areas and implication

Safety and Health Care Policy of the college puts emphasis upon following primary areas-

### > Stress management & mental health care program for students

SPP College has initiated certain joint venture on stress management and mental health care for students just before the examinations. The college has been organizing popular talks on stress management and mental health care programs in association with local hospital. The purpose of the program was to sensitize the students about how to have a healthy life style.

# > Awareness on gynecological problems

SPP College is concerned with the health of female stakeholders belonging to the college fraternity. It gives importance upon sensitizing the female staff, students about their health under this policy. The objective of the program was to raise awareness among the students and gave awareness on women's health regarding various gynecological problems and to provide insights into managing their body better. In compliance with the noble objective of promoting women heath, the college already has taken step for setting up a sanitary pad vending machine in the college.

# > Observance and organization of YOGA Centric Day & Awareness program

Under the Safety and Health Care Policy SPP College adopts strong initiative to sensitize all stakeholders about the sound health by observing the International Day of YOGA on 21st June every year and organizing workshops and awareness programs in compliance with the guidelines of AYUSH Mantarlay, Government of India.

# Organization of Mock drill and disaster management related program

SPP College undertakes mock drill programs under the safety and health care policy in association with the district civil defense department of Sivasagar district.

# ➤ Proactive Measures against Covid-19 Pandemic

The college undertook a good number of proactive measures against the dominant discourse of Covid-19 pandemic in last two years. Safety & Health Care Committee in association with the College Covid Cell played an active role in the management of panic situation caused by the pandemic.

### > Blood donation and free health checkup camp

Another extraordinary step taken by the college in promoting pro-health ambience is the organization of blood donation and free health checkup camps in the college premises. As one of the primary objectives of the Safety and Health Care Policy the colleges has been initiating a good number health oriented programs under the vibrant leadership of the National Service Scheme for last couple of years.

#### Clause: D Future Prospects & Plan

The Institution proposes to enlarge the safety and health care policy by incorporating

- > Free Ambulance Service
- > Appointment of a nurse on contractual basis
- > Organization of health awareness program once in the year

Principal Nami